



International  
WOMEN'S  
Day

The National UN Volunteers-India

# International Women's Day 2024

(Empowerment starts with us)

March 8, 2024 Friday

The International Women's Day is observed on March 08, 2024. It is a day to annually celebrate the respect, appreciation and love towards women and was originally called "International Working Women's Day".

In different regions the focus of the celebrations ranges from general celebration of respect, appreciation and love towards women to a

celebration for women's economic, political and social achievements.

March 1911 was the first time International Women's Day was honoured. The Venus symbol - it is often used to represent women and the female sex.

- Theme for International Women's Day This Year

The theme for International Women's Day 2024 is INSPIRE INCLUSION. It calls for appreciating and respecting women from all different backgrounds irrespective of caste,

creed and financial status. The theme emphasises that when women feel like they belong and are important, they feel stronger and more empowered.

▪Tips for celebration:

1. Wear The Colour Purple
2. Photo challenge with your women colleagues and share it with us.
3. Take part in our webinar on March 8 at 6 PM
4. Write A Letter To A Woman Who Has Inspired You
5. Organise An All-Women Party

5. Invite Empowering Female Speakers

6. Thank-You Campaigns

7. Shower Them With Some Acts Of Kindness

8. Volunteer At A Local Women's Shelter Or Organisation

9. Host A Wellness Session

10. Support Women-Owned Businesses

11. Have A Self-Care Day With Friends

12. Highlight Women In Your Industry

13. Awards For Exceptional Women

14. Author Reading With Women

# Writers

15. #EmbraceEquity Photo Challenge  
For Social Media

16. Gifts For The Female Role Models  
In Our Lives

17. Watch A Women-Empowering  
Movie

18. Attend A Women's Day March Or  
Rally

19. Donate To A Cause-Based Charity

20. Women's History Trivia

21. Pictionary

22. 5 Second Challenge

23. Straw In Hair

24. Play Who Am I?

25. Recommend few women whom you wish to honour, we honour them with UN Certificate Of Appreciation